



CAMP HARMONY LUNCH MENU 2017

In addition to our below menu, each lunch always includes our "Side Table" offerings: Soy butter sandwiches, soy butter & jelly sandwiches, jelly sandwiches, tuna salad, chicken salad, sliced turkey, cheese, whole wheat bread, mixed green salad and assorted dressings.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>26</p> <p>Chicken Nuggets Ketchup & Honey Mustard Hummus & Whole Wheat Pita Fresh Summer Salad Chocolate Chip Cookie</p> 	<p>27</p> <p>Whole Wheat Grilled Cheese Tomatoes & Pickles Fresh Fruit Salad Tater Tots Funnel Cake</p>	<p>28</p> <p>Whole Wheat Pasta with Turkey Meatballs Garlic Bread Fresh Caesar Salad Cake</p>	<p>29</p> <p>Cheese Pizza Fresh Antipasto Salad Fresh Fruit Salad Brownie</p>	<p>30</p> <p>100% All Beef Hamburgers/ Cheeseburgers Whole Wheat Buns Sliced Tomatoes & Pickles Curly Fries Cole Slaw Ice Cream</p> 
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<p>10</p> <p>Cheese Ravioli Marinara Sauce Breadsticks Fresh Cut Veggies & Dip Chocolate Chip Cookie</p>	<p>11</p> <p>Chicken Patty Sandwiches Whole Wheat Buns Ketchup & Mayo Fresh Asian Salad Corn Off The Cob Birthday Cake</p> 	<p>12</p> <p>Chicken Cheesesteaks Whole Wheat Rolls Buffalo Sauce & Ranch Fresh Celery & Carrots Sweet Potato Fries Pudding</p>	<p>13</p> <p>Homemade Cheese Quesadillas Whole Wheat Tortillas Salsa & Avocado Brown Rice & Beans Churro</p>	<p>14</p> <p>Roast Chicken Drumstick Corn Cob-ette Roasted Potato Wedges Ice Cream</p> 
<p>17</p> <p>100% All Beef Hot Dogs Whole Wheat Buns Sauerkraut Mustard & Ketchup Sweet Potato Puffs Funnel Cake</p>	<p>18</p> <p>BBQ Chicken Wings Cheesy Bread Cole Slaw Baked Lays Watermelon</p> 	<p>19</p> <p>Whole Wheat Pasta with Turkey Meatballs Garlic Bread Fresh Caesar Salad Ice Cream</p>	<p>20</p> <p>Homemade Cheesesteaks Whole Wheat Rolls Roasted Potatoes Ketchup Homemade Carrot Salad Cake</p>	<p>21</p> <p>Cheese Pizza Fresh Antipasto Salad Fresh Fruit Salad Brownie</p>
<p>24</p> <p>100% All Beef Hamburgers/Cheeseburgers Whole Wheat Buns Sliced Tomatoes & Pickles Baked Lays Watermelon</p> 	<p>25</p> <p>Soft Turkey Tacos Veggie Fixin's Jack Cheese Salsa & Avocado Yellow Rice Churro</p>	<p>26</p> <p>Chicken Nuggets Ketchup & Honey Mustard Hummus & Whole Wheat Pita Fresh Summer Salad Chocolate Chip Cookie</p>	<p>27</p> <p>Whole Wheat Grilled Cheese Tomatoes & Pickles Fresh Fruit Salad Tater Tots Pudding</p>	<p>28</p> <p>French Toast Maple Syrup Turkey Sausage Assorted Cereals & Bagels Cinnamon Twist Cream Cheese Butter & Jellies Orange Juice & Milk</p> 
<p>31</p> <p>Pulled BBQ Chicken Sandwiches Whole Wheat Buns Crinkle Cut Fries Coleslaw Cake</p>	<p>1</p> <p>Homemade Cheese Quesadillas Whole Wheat Tortillas Salsa & Avocado Brown Rice & Beans Churro</p> 	<p>2</p> <p>Chicken Patty Sandwiches Whole Wheat Buns Ketchup & Mayo Fresh Asian Salad Corn Off The Cob Birthday Cake</p>	<p>3</p> <p>Chicken Cheesesteaks Whole Wheat Rolls Buffalo Sauce & Ranch Fresh Celery & Carrots Sweet Potato Fries Brownie</p> 	<p>4</p> <p>Homemade Macaroni & Cheese White Meat Chicken Tenders Fresh Cut Veggies & Dip Watermelon</p>
<p>7</p> <p>Soft Turkey Tacos Veggie Fixin's Jack Cheese Salsa & Avocado Yellow Rice Churro</p>	<p>8</p> <p>Homemade Cheesesteaks Whole Wheat Rolls Roasted Potatoes Ketchup Homemade Carrot Salad</p>	<p>9</p> <p>100% All Beef Hot Dogs Whole Wheat Buns Sauerkraut Mustard & Ketchup Sweet Potato Puffs Chocolate Chip Cookie</p>	<p>10</p> <p>Chicken Nuggets Ketchup & Honey Mustard Hummus & Whole Wheat Pita Fresh Summer Salad Funnel Cake</p>	<p>11</p> <p>Cheese Ravioli Marinara Sauce Breadsticks Fresh Cut Veggies & Dip Ice Cream</p>
<p>14</p> <p>100% All Beef Hamburgers/Cheeseburgers Whole Wheat Buns Sliced Tomatoes & Pickles Curly Fries Cole Slaw Brownie</p>	<p>15</p> <p>Roast Chicken Drumstick Corn Cob-ette Roasted Potato Wedges Cake</p>	<p>16</p> <p>Whole Wheat Grilled Cheese Tomatoes & Pickles Fresh Fruit Salad Tater Tots Watermelon</p>	<p>17</p> <p>Cheese Pizza Fresh Antipasto Salad Fresh Fruit Salad Chocolate Chip Cookie</p>	<p>18</p> <p>Sliced Turkey Breast Gravy Stuffing Mashed Potatoes Sweet Potato Mash Cranberry Sauce Dinner Rolls Ice Cream</p> 