



# CAMP HARMONY LUNCH MENU 2011

<p><b><u>6/27 MONDAY</u></b>            Grilled Cheese            Tomatoes Pickles            Fresh Fruit Salad            Tater Tots            Cookie            Grape Juice</p>	<p><b><u>6/28 Tuesday</u></b>            Pasta with Turkey Meatballs            Garlic Bread            Caesar Salad            Ice Cream            Orange Drink</p>	<p><b><u>6/29 Wednesday</u></b>            All Beef Franks            Sour Kraut            Tater Tots            Pudding            Lemonade</p>	<p><b><u>6/30 Thursday</u></b>            Chicken Nuggets w/ Ketchup            and Honey Mustard            Hummus and Pita            Summer Salad            Jello            Fruit Punch</p>	<p><b><u>7/1 Friday R,W,B Day</u></b>            Hamburgers/Cheeseburgers            French Fries            Cole Slaw            Tomatoes Pickles            Brownie            Pink Lemonade</p>
<p><b><u>7/4 Monday</u></b>    <b><u>NO CAMP!</u></b></p>	<p><b><u>7/5 Tuesday</u></b>            Pizza            Antipasto Salad            Fresh Fruit            Watermelon            White Grape Juice</p>	<p><b><u>7/6 Wednesday</u></b>            Cheese Steaks            Roasted Potatoes            Carrot Salad            Cookie            Orange Drink</p>	<p><b><u>7/7 Thursday</u></b>            Macaroni and Cheese            Chicken Sliders            Fresh Fruit Salad            Ice Cream            Lemonade</p>	<p><b><u>7/8 Friday</u></b>            Turkey Tacos            Veggie Fixins            Jack Cheese            Salsa/Avocado            Yellow Rice            Pudding            Fruit Punch</p>
<p><b><u>7/11 Monday</u></b>            Chicken Patty            Sandwiches            Ketchup/Mayo            Asian Salad            Corn            Jello            Pink Lemonade</p>	<p><b><u>7/12 Tuesday Eat With a Fork Day</u></b>            Hamburgers/Cheeseburgers            French Fries            Cole Slaw            Tomatoes Pickles            Brownie            Grape Juice</p>	<p><b><u>7/13 Wednesday</u></b>            Cheese Quesadillas            Salsa            Avocado            Brown Rice/Beans            Watermelon            Orange Drink</p>	<p><b><u>7/14 Thursday</u></b>            All Beef Franks            Sour Kraut            Tater Tots            Cookie            Lemonade</p>	<p><b><u>7/15 Friday</u></b>            Pasta with Turkey Meatballs            Garlic Bread            Caesar Salad            Ice Cream            White Grape Juice</p>
<p><b><u>7/18 Monday</u></b>            Grilled Cheese            Tomatoes Pickles            Fresh Fruit Salad            Tater Tots            Pudding            Fruit Punch</p>	<p><b><u>7/19 Tuesday</u></b>            Pizza            Antipasto Salad            Fresh Fruit            Sheet Cake            Grape Juice</p>	<p><b><u>7/20 Wednesday</u></b>            Turkey Tacos            Veggie Fixins            Jack Cheese            Salsa/Avocado            Yellow Rice            Brownie            Lemonade</p>	<p><b><u>7/21 Thursday Wild West Lunch</u></b>            BBQ Cheese Steak Sandwich            Western Curly Fries            Carrot Salad            Jello            Lemonade</p>	<p><b><u>7/22 Friday PJ Brunch</u></b>            French Toast            Maple Syrup            Turkey Sausage            Assorted Cereals            Assorted Bagels &amp; Pastries            Cream Cheese            Butter/Jellies            Orange Juice Milk</p>

<p><b><u>7/25 Monday</u></b>  Chicken Patty  Sandwiches  Ketchup/Mayo  Asian Salad  Corn  Cookie  Pink Lemonade</p>	<p><b><u>7/26 Tuesday Carnival</u></b>  Hamburgers and Hot Dogs  Baked Lays  Tossed Salad  Ice Cream  Fruit Punch</p>	<p><b><u>7/27 Wednesday</u></b>  Macaroni and Cheese  Chicken Sliders  Fresh Fruit Salad  Pudding  White Grape Juice</p>	<p><b><u>7/28 Thursday</u></b>  Chicken Nuggets w/ Ketchup  and Honey Mustard  Hummus and Pita  Summer Salad  Jello  Fruit Punch</p>	<p><b><u>7/29 Friday</u></b>  Cheese Quesadillas  Salsa  Avocado  Brown Rice/Beans  Watermelon  Orange Drink</p>
<p><b><u>8/1 Monday</u></b>  All Beef Franks  Sour Kraut  Tater Tots  Brownie  Grape Juice</p>	<p><b><u>8/2 Tuesday</u></b>  Pizza  Antipasto Salad  Fresh Fruit  Cookie  Fruit Punch</p>	<p><b><u>8/3 Wednesday</u></b>  <b><u>Caribbean Day</u></b>  BBQ Wings  Cole Slaw  WW Breads  Baked Lays  Watermelon  Pink Lemonade</p>	<p><b><u>8/4 Thursday</u></b>  Grilled Cheese  Tomatoes Pickles  Fresh Fruit Salad  Tater Tots  Ice Cream  White Grape</p>	<p><b><u>8/5 Friday</u></b>  Chicken Nuggets w/ Ketchup  and Honey Mustard  Hummus and Pita  Summer Salad  Sheet Cake  Orange Drink</p>
<p><b><u>8/8 Monday</u></b>  Macaroni and Cheese  Chicken Sliders  Fresh Fruit Salad  Pudding  Fruit Punch</p>	<p><b><u>8/9 Tuesday</u></b>  Chicken Patty  Sandwiches  Ketchup/Mayo  Asian Salad  Corn  Jello  Lemonade</p>	<p><b><u>8/10 Wednesday</u></b>  Turkey Meatballs  Pasta  Garlic Bread  Caesar Salad  Brownie  Grape Juice</p>	<p><b><u>8/11 Thursday</u></b>  Turkey Tacos  Veggie Fixins  Jack Cheese  Salsa/Avocado  Yellow Rice  Watermelon  White Grape</p>	<p><b><u>8/12 Friday</u></b>  All Beef Franks  Sour Kraut  Tater Tots  Cookie  Pink Lemonade</p>
<p><b><u>8/15 Monday</u></b>  Pizza  Antipasto Salad  Fresh Fruit  Ice Cream  Orange Drink</p>	<p><b><u>8/16 Tuesday</u></b>  Hamburgers/Cheeseburgers  French Fries  Cole Slaw  Tomatoes Pickles  Pudding  Lemonade</p>	<p><b><u>8/17 Wednesday</u></b>  Cheese Quesadillas  Salsa  Avocado  Rice/Beans  Jello  Fruit Punch</p>	<p><b><u>8/18 Thursday</u></b>  Cheese Steaks  Roasted Potatoes  Carrot Salad  Brownie  Pink Lemonade</p>	<p><b><u>8/19 Friday</u></b>  <b><u>Final Banquet</u></b>  Sliced Turkey Breast  Gravy  Stuffing  Sweet Potato Mash  Cranberry Sauce  Rolls Ice Cream  Fruit Drink</p>

*Side Table (every day) – Greens, assorted dressings, tuna salad, chicken salad, sliced turkey, cheese, assorted breads and bagels (whole wheat and white), cream cheese, butter, jelly, soy butter sandwiches, soy butter and jelly sandwiches.*